

Here's another success story for Dr. Diane,
Of vision therapy, I've become quite the fan.
When helping me throw, Scott noticed a problem
With my tracking the ball, almost caught one on the noggin.
My neuro-ophthalmologist found in his exam
That my eyes had the convergence of a 75 year old man.

Dr. Diane determined that neither eye worked well, whether
Each eye worked alone, much less, them together.
Another result of mild traumatic brain injury,
causing headaches, double vision, and me to be dizzy.

One day in specific, I recall, I was mad
That when throwing at targets, I missed by more than a tad.
Dr. Diane made a statement that made me chill out
That my brain and my eyes weren't on the same spot.
My shoulder was throwing quite properly
To the spot on the net that my brain's eye could see.
"Don't get so upset, you're hitting your place.
We'll just retrain some things, give yourself some grace!"

She works real hard to personalize treatment
Including things that you like, so your practice is frequent.
I worked with a string and a "bug" and a ball,
Followed squiggle lines,
Stuck a stick in a straw,
Did lense work with Word Search,
Switched focus from near to far,
Made two become three on the lifesaver card,
Threw bean bags at baskets in "Alice's Wonderland,"
Then twisted the lenses, I barely could stand!

Whoever'd thought that to look thru a prism
Would push "back" my focus and clear up my vision?
I now can read and not lose my place,
Can move around quickly and not fall on my face!
I recall what I see, respond when I'm beckoned
After seeing a number for 1/100th of a second.

Have you banged your head or shaken your brain?
Having a hard time? Barely remember your name?
Your eyes and your brain may be working a lot,
To just read the page. Comprehension is shot?
Give Dr. Diane's vision therapy a try,
It's worked wonders for me, and that ain't no lie!

By Beverly Wolfe